Tiffany Roland
EXECUTIVE DIRECTOR, BANKER, J.P. MORGAN PRIVATE BANK

Go-to song: Anything Beyonce!
Favorite restaurant: Gatlin’s BBQ
Most recent book read: “The Personal Librarian” by Marie Benedict
Superpower: Being able to get back up no matter how many times I get knocked down.
How do you start your day? Prayer followed by the gym before my 5-year-old twins (aka, The Dragons) wake up, and the madness begins!
In what ways are you seeing your industry changing? Diversity is encouraging, and the voices that have been muted for so long, feel like they are finally being heard.
What advice would you give to up-and-coming female leaders? It’s okay to be unsure and to still be motivated. It’s okay to be humble, but also unapologetically you. It’s okay to not feel strong and to be strong. Progress over perfection, and never give up.

Tell us about someone who has been an important influence in your life and why? Both my mother and grandfather made a profound impact on my life. My mother may be the strongest human being that I know, having raised me as a single mother with nothing. She gave me the foundation that I needed to get me where I am today. My work ethic and drive I owe to my grandfather. With only a third grade-level education, barely able to read and write, he was able to build a successful HVAC system company from the ground up. He instilled the idea that I needed to work harder than anyone else in the room and to not make excuses. My grandfather always said when you make a mistake, own it — don’t repeat it. He also said to be a person of your word that is always willing to help others. No shortcuts, no handouts, and never forget where you came from.